



**Dandenong Ranges & District
Swimming Association Inc.** (Est. 1958)

METRO EAST LONG COURSE PREPARATION MEET

(Proposed Qualifying Meet)

SATURDAY 27TH JANUARY 2018

MSAC Outdoor Pool, Aughtie Drive, Albert Park

Session 1 Pool Entry/ Warm Up 7.30am Events Commence at 8.30am

Male	Female	Age	Distance	Stroke	Qualifying Time
1	2	13 & Under	200	Free	
3	4	13 & Under	100	Breaststroke	
5	6	Open	50	Butterfly	
7	8	13 & Under	200	Backstroke	
9	10	13 & Under	100	Freestyle	
11	12	13 & Under	50	Breaststroke	
13	14	13 & Under	200	IM	
15	16	13 & Under	100	Backstroke	
17	18	13 & Under	200	Butterfly	
19	20	13 & Under	200	Breaststroke	
21	22	Open	50	Freestyle	
23	24	13 & Under	100	Butterfly	
25	26	Open	50	Backstroke	
27	28	Open	400	Freestyle	5:30 M&F

Session 2 Warm Up & Session time will be advertised a week prior to event

Note session 2 will start 45 minutes after end of session 1

Male	Female	Age	Distance	Stroke	Qualifying Time
29	30	Open	400	IM	6.00 M&F
31	32	14 & Over	200	Freestyle	
33	34	14 & Over	200	Backstroke	
35	36	Open	50	Breaststroke	
37	38	14 & Over	100	Freestyle	
39	40	Open	50	Butterfly	
41	42	14 & Over	200	IM	
43	44	14 & Over	100	Butterfly	
45	46	Open	50	Backstroke	
47	48	14 & Over	200	Breaststroke	
49	50	14 & Over	200	Butterfly	
51	52	14 & Over	100	Backstroke	
53	54	Open	50	Freestyle	
55	56	14 & Over	100	Breaststroke	
57	Mixed	Open	800	Freestyle	10.30
58	Male	Open	1500	Freestyle	18.00

**Please note event 57 & 58 will comprise of 1 heat only of 10 swimmers.
Multi-class swimmers are invited to participate in able body events.**



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CONDITIONS OF ENTRY

1. Entry Fee: \$11.00 per event. (including \$1 SV Approved Meet Levy)
2. Metro East will be applying for this meet to be approved as a Qualifying Meet.
3. Meet will be conducted under the rules of Swimming Australia Limited and Swimming Victoria Inc.
4. Entries are open to registered members of Swimming Victoria affiliated Clubs or equivalent interstate body, except those referred to in Point 5 below.
5. Members of ALL clubs eligible to compete at 2018 Victorian Country Championships (as per Schedule E of SV's General By-Laws: 1.3) are not permitted to enter this meet due to the 2018 Victorian Country LC Championships being held over this same weekend.
6. All events will be swum as timed finals. AOE and SAT will be used.
7. Age as at 27th January 2018.
8. **Entries close Friday 19th January 2018 at 11:00pm**, or earlier if entry limit is reached prior to this date. Metro East reserves the right to close entries early or to apply qualifying times to events that are oversubscribed.
9. Online entry available.
10. Clubs wishing to use a TM entry files can you please email your files located on our Metro East's website www.metroeastswimming.com.au or SV Calendar by **8th January 2018**. Clubs must pay prior to meet and bank account details for EFT payment can be provided on request.
11. Email any enquiries to east.meets@hotmail.com
12. Refund of entry fees will only be provided if the entry is rejected.
13. Swimmers are restricted to entering events in their own age group or open events
14. Metro East reserves the right to cancel alter or combine any event.
15. MSAC Pool entry is **FREE FOR ALL SWIMMERS AND SPECTATORS.**
16. Athlete roster, timeline and program will be available on the Metro East website in the week prior to the meet.
17. Programs will not be available for sale on the day of the meet.
18. Results will be posted on the Metro East website www.metroeastswimming.com.au