



2018 Victorian Metro

All Junior

Event Information Booklet

Melbourne Sports
and Aquatic Centre (MSAC), Outdoor Pool

Saturday 7 April | Semi Finals 10:00am

Sunday 8 April | Finals 9:00am

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SECTION ONE: GENERAL INFORMATION

1.1 SWIMMING VICTORIA EVENT STAFF

NAME	TITLE	EMAIL
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Ashlea Keramidopoulos	Membership & Events Coordinator	ashlea.kera@vic.swimming.org.au
General Enquiries	Events	events@vic.swimming.org.au

1.2 SWIMMING VICTORIA EVENT CALENDAR 2017/18



SECTION TWO: EVENT INFORMATION

2.1 EVENT DETAILS

The 2018 Victorian Metro All Junior Competition will be held at the Melbourne Sports and Aquatic Centre, Outdoor Pool from Saturday 7th April to Sunday 8th April 2018.

2.2 PROGRAM OF EVENTS

The 2018 Victorian Metro All Junior Competition will consist of 60 events conducted over two days.

Semi-finals will be swum on Saturday and the finals will be swum on Sunday.

The detailed Program of Events is included in [Appendix A: Event Listing](#)

WARM UP PROCEDURES

- Please follow lane signage during warm up periods.
- Initial warm up with no dive entries. Feet first entry into water only.
- Swimmers must swim in a clockwise direction. Swimming in an anti-clockwise direction will not be tolerated.
- Sprint warm ups are to be conducted in lanes 0 and 9 only (under coaching supervision) and are walk-back lanes. Turns are not to be practiced in sprint lanes.
- Lanes 1 and 8 are pace lanes.
- If timing pads are installed, swimmers must not touch, grab or climb over them.
- Warm up ceases 10 minutes before the start time of the session. The countdown will be given at 10 minutes, 5 minutes, 2 minutes and 1 minute. It is the responsibility of each coach to ensure their swimmers are aware of the warm up conclusion time frame.

WARM UP & COMPETITION TIMES

SESSION	WARM UP TIMES	COMPETITION START TIME
Saturday 7 April - Semi Finals (8, 9 & 10 years swimmers)	8:00am	9:00am
Saturday 7 April – Semi Finals (11, 12, 13 & 14 years)	12:00pm	1:00pm
Sunday 8 April – Finals (All age groups)	8:00am	9:00am

Warm up will conclude 10 minutes prior to the start time of competition.


MARSHALLING PROCEDURES & INFORMATION

An announcement will be made at the conclusion of the warm up session to request competitors in the initial (usually three) events to report to the Marshalling area. Those event numbers and all calls for subsequent events will be displayed on the main scoreboard.

Published timelines are provided as a guide only and must not be relied on as the start times for particular events. Event start times may change significantly due to heat combinations or other variables. Where there are a number of withdrawals from heats and subject to time constraints, the Marshals may either re-seed events or combine heats.

Marshalling calls are usually made three events ahead of the event in the water. This may vary with the distance of, or the number of entries in the various events in the program. Swimmers should monitor the marshalling calls frequently and should be aware of the event, stroke and heat number in which they are competing.

A copy of the program will be fixed to the wall in the corridor outside the marshalling room and also behind the grandstand to ensure swimmers have this information prior to entering the marshalling room. Inside the room, the Marshals will call the names of the swimmers in each heat of an event at least three times if they have not reported.



Swimmers are late reporting if they have been called three times and have not been marked as present, the heats have either been combined/re-seeded or the first heat has been handed over to the Check Starter. Swimmers who are late reporting will only be allowed to swim at the discretion of the Referee in Charge.

Swimmers may report early for subsequent events and may then leave the area. They must return to the area and report to the Marshal in time for those events to be handed over to the Check Starter. If they fail to return in time for their heat, the onus is on the competitor.

ADMISSION & TICKETING

FREE ENTRY to MSAC for swimmers, spectators, coaches and officials.

2.3 KEY DATES

EVENT PROGRAM

Event programs will be available for download on the Swimming Victoria website on the [Victorian Metro All Junior](#) event page on **Wednesday 4 April 2018**.

TIMEKEEPERS

In addition to the ongoing support provided by our Swimming Victoria officials, the smooth running of this meet is also reliant on volunteer timekeepers. Each District will be allocated to a lane and is required to supply 2 timekeepers for the duration of the meet. All districts are encouraged to identify parents who can assist with timekeeping duties for this meet. The timekeeper roster will be available for download on **Tuesday 3 April** from the [Victorian Metro All Junior](#) event page.

PSYCH SHEET

The psych sheet will be published to the Swimming Victoria Victorian Metro district event page on **Wednesday 28 March 2018**. Any changes to incorrect entry times only are to be emailed to events@vic.swimming.org.au by **10am Monday 02 April 2018**.

RESULTS

Results by event will be posted on the walls behind the grandstand following the conclusion of each event. Completed results will be posted on the [Swimming Victoria Results](#) page – in PDF, Meet Manager and Team Manager format. Results will also be available via Meet Mobile throughout the meet and via live results on the Swimming Victoria website.

2.4 ENTRY PROCESS

ENTRY IS VIA THE DISTRICT ONLY

Entries will open on **Monday 29 January 2018**.

Entries will close at **11:59pm on Monday 26 March 2018**.

Age is as at **Saturday 7 April 2018, the date of the Semi-finals**.

This meet is open to both registered members of Swimming Victor and non-registered swimmers who reside in Victoria.

Each Metro District conducts trials in early 2018 to select swimmers to compete at the Metro All Junior semi-finals at MSAC.

For further details regarding these selection trials, please:

- Contact your District Competitions Officer or Secretary
- Refer to your District website or
- Contact your local Club.

For Districts wanting to request All Junior Semi Finalist patches, please email events@vic.swimming.org.au

Swimming Victoria registered swimmers must compete in their own District and include their club name on their entry form.

Non-registered swimmers should compete in the District nearest home, wherever possible.

ENTRY GUIDELINES

- Each District may enter 10 swimmers per Individual event.
- All Districts **MUST** lodge their swimmer's entries for the semi-finals via Meet Manager or Team Manager files only. MM and TM files are available on the [Victorian Metro All Junior](#) event page.
- Please ensure that all swimmers are in the correct events and age groups.
- No late entries will be accepted, and incorrect entries may be rejected. Once entries have been lodged substitutes will not be permitted for withdrawals.
- All entries must be lodged via email only to events@vic.swimming.org.au
- There is no requirement for a hard copy of entries or paperwork to be submitted.
- **Districts will be invoiced for entry fees. Please do not pay in any other format.**
- Irrespective of age group, individual medal winners in events from the 2017 Victorian Age and 2017 Open Championships, the 2017 Victorian Country Championships or the 2017 Victorian Sprint Championships are excluded from swimming in the All Junior Competition for the stroke in which the medal was won.

TEAM MANAGERS

Each district is entitled to two Team Managers passes. The name and Working with Children Check number for these Team Managers must be emailed to events@vic.swimming.org.au by closing date of entries (**Monday 26 March 2018**). Passes will be available for collection at the event.

ENTRY FEES

Per Swimmer	ENTRY FEE
Each swimmer	\$5

2.5 BY-LAWS

[Swimming Victoria By-Laws](#) apply. A copy of the By-Laws can be obtained from the Swimming Victoria website. These By-Laws stipulate that refunds will not be provided unless an entry is rejected. Refunds are not provided for any other reason; including medical grounds.

If less than 4 entries are received for any event, that event will **not** be conducted.

2.6 SAFE SPORT

The safety of children and young people in our sport is paramount. We want swimming to be fun, enjoyable and safe for all. Everyone within the swimming community have a role to play in ensuring that we keep our proud sport as safe and enjoyable as possible. Swimming Australia have developed a [Safe Sport Framework \(SSF\)](#) which governs our sport and replaces all previous child and member welfare policies, procedures and code of conduct. We must also be compliant under the Victorian Child Safe Legislation.

For further information please visit '[Keeping Swimming Safe](#)' on the Swimming Victoria website.

2.7 SWIM COSTUMES

In accordance with Swimming Victoria Competition By-Law 1.5:

Costumes shall comply with the FINA Rules. Or unless otherwise directed by SV, in all levels of competition within Victoria, competitors may wear "traditional" suits provided the suits meet the following criteria:

- (i) Suits may be of a textile material and may not contain any material such as polyurethane, neoprene or like materials

- (ii) Male costumes or briefs may not extend above the waist, nor below the knee. Female costumes may be one or two piece and shall not cover the neck, extend past the shoulders, not below the knee and may not utilise zippers or other fastening devices.

Only one costume (at a time) may be worn in competition.

11/U RACE SUIT RULE

Knee length style bathers for boys and girls are **NOT** permitted in the 11/under age group.

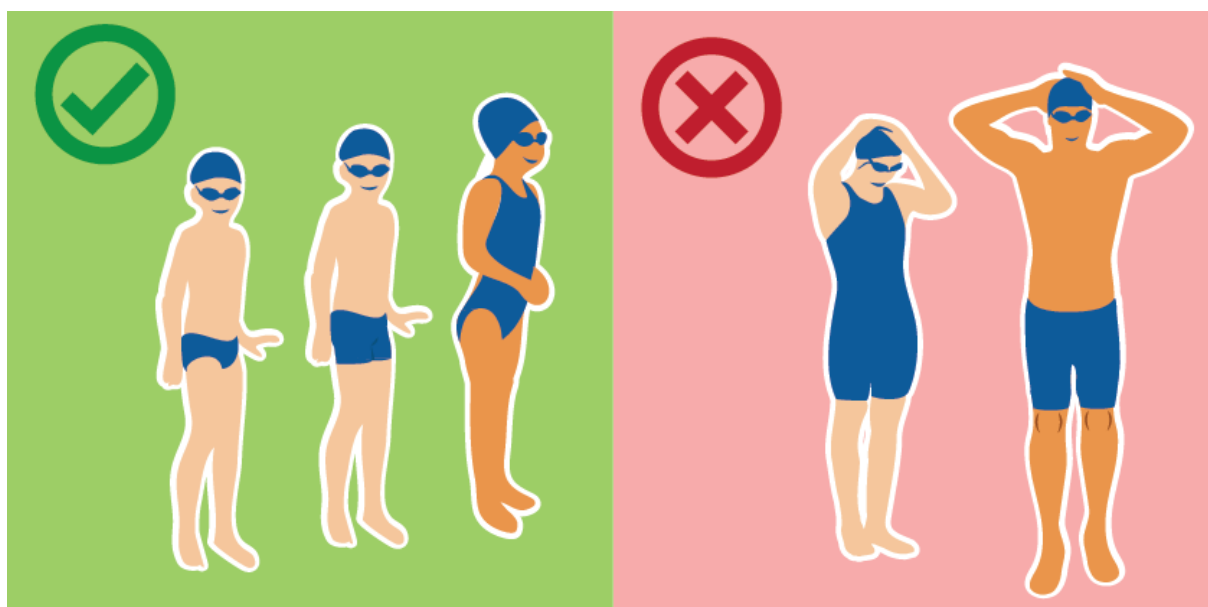
11/under boys suits allowed are trunk, aqua short cuts, or classic brief style.

11/under girls suits allowed are a one piece traditional bather style swimsuit.

Images of the boys and girls suits permitted are shown in the image below.

Swimming Victoria staff and officials will be applying this rule at the following Swimming Victoria events:

1. Metro Short Course Competition
2. Victorian Metro SC Championships
3. Victorian Age SC Championships
4. Long Course Distance Meet
5. 7-10s Competitions
6. Victorian Sprint Championships
7. Victorian Qualifying Meet
8. Victorian Age Championships
9. Victorian Metro Championships
10. Victorian Relay Competition
11. Victorian Metro Interdistrict
12. All Junior Competitions





2.8 MEDICAL CERTIFICATES & TAPING

All competitors, parents and coaches need to be aware that Swimming Victoria enforces the FINA Rule relating to Medical Taping:

SW 10.8 provides that any sort of tape on the body is subject to approval of the Sports Medicine Committee. Swimming Victoria is implementing this rule in modified form in that we require a certificate from a medical professional (doctor, physio etc.) specifying why the taping is required.

The certificate must be presented to the Technical Director of the Meet BEFORE the swimmer wearing the taping begins competing at that meet. It need only be presented once for the duration of the meet.

The certificate must be dated and will be accepted by Swimming Victoria for 30 days from the date of issue. The certificate should state that the swimmer is fit to swim and that the taping does not provide any competitive advantage to the swimmer.

The Technical Director will check that a certificate is presented and further that the taping does not provide any advantage to the competitor.

2.9 MSAC

Entry into the event is on the level 2 foyer via the outdoor pool entrance opposite the multi-level carpark.

TRAVEL TO MSAC

Public transport and carpooling is encouraged for participants and spectators attending in the meet.

PARKING

There will be no event parking permitted in the MSAC Multi-Deck or Southern car park. This will be manned by security personnel. To avoid long delays, please do not attempt to park in the Multi-Deck or Southern car parks at MSAC.

Paid parking is available in the Lakeside car park which is located off Aughtie Drive. For information on parking at MSAC please visit the [MSAC Contact Us Page](#).

TOILETS/CHANGE ROOMS

Spectators

Public toilets are located at the back of the grandstand of both the indoor and outdoor pools.



Athletes

Athlete toilets and change rooms are located on pool deck adjacent to the pool concourse area, access is via the rear corridor. Athletes are encouraged not to use to public (spectator) toilets as change rooms.

2.10 ANTI-DOPING

Swimming Victoria adheres to the [Swimming Australia Illicit Drug Policy](#). Swimming Australia has adopted and implemented an anti-doping policy and rules which conform to the rules established by the World Anti-Doping Authority (WADA), the International Olympic Committee (IOC), FINA and the Australian Sports Anti-Doping Authority (ASADA). An updated list is supplied every 12 months. For further information please visit the [Swimming Australia Anti-Doping Information Page](#).

2.11 POOL DECK GUIDELINES – asctaVIC

Swimming Victoria and asctaVIC conduct all meets in accordance with the [Pool Deck Code of Behaviour](#). These guidelines restrict unauthorised access to pool deck at all times throughout the meet. Only coaches who have been issued with a current pool deck pass will be permitted on pool deck in addition to swimmers. All coaches, support staff, officials and competitors are expected to adhere to these guidelines whilst on pool deck.

Coaches MUST display their current ASCTA Coaching Licence and Working with Children Check (WWCC) Cards at all times. Coaches will be asked to leave pool deck if they fail to display their cards.

Athletes will be required to show their accreditation to access the marshalling corridors and rooms.

2.12 TECHNICAL OFFICIALS

Technical Officials are a vital part of every swim meet and are responsible for ensuring that an event is run in accordance with the rules and regulations. We encourage and welcome all officials to officiate at Swimming Victoria meets. If you would like to officiate at this meet please complete the [Online Technical Officials Roster Call](#).

All Officials must wear the appropriate uniform, see [Uniform Guidelines](#), a name badge and carry their NOAP card and WWCC with them at all times.

SECTION THREE: APPENDICES

APPENDIX A: EVENT LISTING

Session One | Saturday 7 April | 9:00am | 8 & U, 9 and 10 year old's


Event	Age	Gender	Distance	Stroke
1	8 & Under	Girls	50m	Butterfly
2	8 & Under	Boys	50m	Butterfly
3	9 years	Girls	50m	Butterfly
4	9 years	Boys	50m	Butterfly
5	10 years	Girls	50m	Butterfly
6	10 years	Boys	50m	Butterfly
15	8 & Under	Girls	50m	Backstroke
16	8 & Under	Boys	50m	Backstroke
17	9 years	Girls	50m	Backstroke
18	9 years	Boys	50m	Backstroke
19	10 years	Girls	50m	Backstroke
20	10 years	Boys	50m	Backstroke
29	8 & Under	Girls	50m	Breaststroke
30	8 & Under	Boys	50m	Breaststroke
31	9 years	Girls	50m	Breaststroke
32	9 years	Boys	50m	Breaststroke
33	10 years	Girls	50m	Breaststroke
34	10 years	Boys	50m	Breaststroke
43	8 & Under	Girls	50m	Freestyle
44	8 & Under	Boys	50m	Freestyle
45	9 years	Girls	50m	Freestyle
46	9 years	Boys	50m	Freestyle
47	10 years	Girls	50m	Freestyle
48	10 years	Boys	50m	Freestyle

Session Two | Saturday 7 April | 1:00pm | Heats for 11, 12, 13 and 14 year old's

Event	Age	Gender	Distance	Stroke
7	11 years	Girls	50m	Butterfly
8	11 years	Boys	50m	Butterfly
9	12 years	Girls	50m	Butterfly
10	12 years	Boys	50m	Butterfly
11	13 years	Girls	50m	Butterfly
12	13 years	Boys	50m	Butterfly
13	14 years	Girls	50m	Butterfly
14	14 years	Boys	50m	Butterfly
21	11 years	Girls	50m	Backstroke
22	11 years	Boys	50m	Backstroke
23	12 years	Girls	50m	Backstroke
24	12 years	Boys	50m	Backstroke
25	13 years	Girls	50m	Backstroke
26	13 years	Boys	50m	Backstroke
27	14 years	Girls	50m	Backstroke
28	14 years	Boys	50m	Backstroke
35	11 years	Girls	50m	Breaststroke
36	11 years	Boys	50m	Breaststroke
37	12 years	Girls	50m	Breaststroke
38	12 years	Boys	50m	Breaststroke
39	13 years	Girls	50m	Breaststroke
40	13 years	Boys	50m	Breaststroke
41	14 years	Girls	50m	Breaststroke
42	14 years	Boys	50m	Breaststroke
49	11 years	Girls	50m	Freestyle
50	11 years	Boys	50m	Freestyle
51	12 years	Girls	50m	Freestyle
52	12 years	Boys	50m	Freestyle
53	13 years	Girls	50m	Freestyle
54	13 years	Boys	50m	Freestyle
55	14 years	Girls	50m	Freestyle
56	14 years	Boys	50m	Freestyle

Session 3 | Sunday 8 April | 9:00am | FINALS

Event	Age	Gender	Distance	Stroke
1	8 & Under	Girls	50m	Butterfly
2	8 & Under	Boys	50m	Butterfly
3	9 years	Girls	50m	Butterfly
4	9 years	Boys	50m	Butterfly
5	10 years	Girls	50m	Butterfly
6	10 years	Boys	50m	Butterfly
7	11 years	Girls	50m	Butterfly
8	11 years	Boys	50m	Butterfly
9	12 years	Girls	50m	Butterfly
10	12 years	Boys	50m	Butterfly
11	13 years	Girls	50m	Butterfly
12	13 years	Boys	50m	Butterfly
13	14 years	Girls	50m	Butterfly
14	14 years	Boys	50m	Butterfly
15	8 & Under	Girls	50m	Backstroke
16	8 & Under	Boys	50m	Backstroke
17	9 years	Girls	50m	Backstroke
18	9 years	Boys	50m	Backstroke
19	10 years	Girls	50m	Backstroke
20	10 years	Boys	50m	Backstroke
21	11 years	Girls	50m	Backstroke
22	11 years	Boys	50m	Backstroke
23	12 years	Girls	50m	Backstroke
24	12 years	Boys	50m	Backstroke
25	13 years	Girls	50m	Backstroke
26	13 years	Boys	50m	Backstroke
27	14 years	Girls	50m	Backstroke
28	14 years	Boys	50m	Backstroke
29	8 & Under	Girls	50m	Breaststroke
30	8 & Under	Boys	50m	Breaststroke
31	9 years	Girls	50m	Breaststroke
32	9 years	Boys	50m	Breaststroke
33	10 years	Girls	50m	Breaststroke
34	10 years	Boys	50m	Breaststroke
35	11 years	Girls	50m	Breaststroke
36	11 years	Boys	50m	Breaststroke
37	12 years	Girls	50m	Breaststroke
38	12 years	Boys	50m	Breaststroke
39	13 years	Girls	50m	Breaststroke
40	13 years	Boys	50m	Breaststroke
41	14 years	Girls	50m	Breaststroke
42	14 years	Boys	50m	Breaststroke
43	8 & Under	Girls	50m	Freestyle
44	8 & Under	Boys	50m	Freestyle
45	9 years	Girls	50m	Freestyle
46	9 years	Boys	50m	Freestyle
47	10 years	Girls	50m	Freestyle
48	10 years	Boys	50m	Freestyle
49	11 years	Girls	50m	Freestyle
50	11 years	Boys	50m	Freestyle
51	12 years	Girls	50m	Freestyle
52	12 years	Boys	50m	Freestyle



53	13 years	Girls	50m	Freestyle
54	13 years	Boys	50m	Freestyle
55	14 years	Girls	50m	Freestyle
56	14 years	Boys	50m	Freestyle